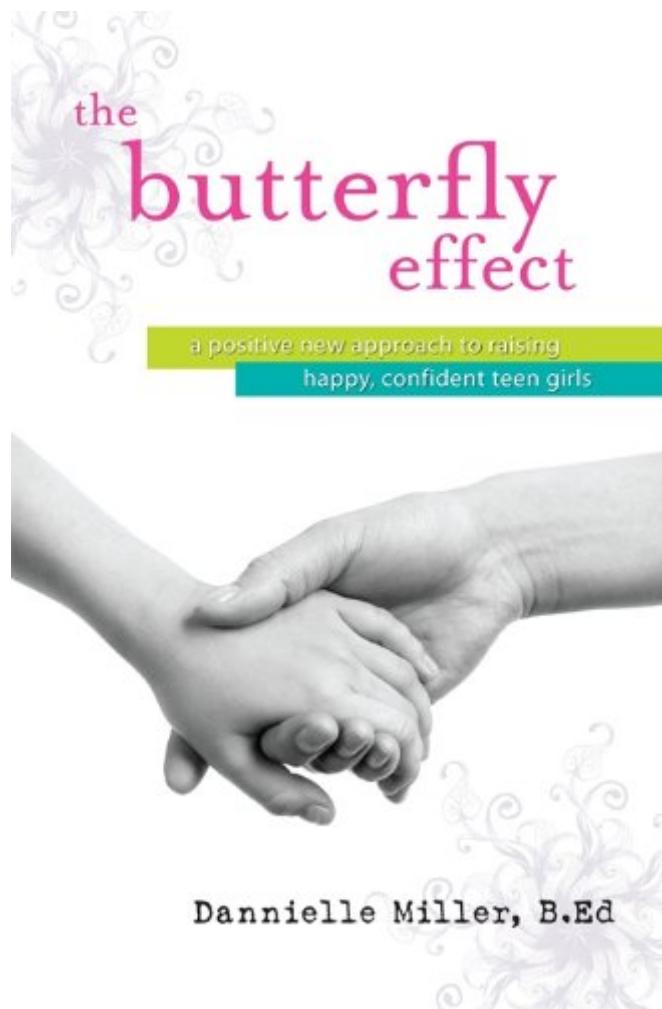


The book was found

# The Butterfly Effect: A New Approach To Raising Happy, Confident Teen Girls



## **Synopsis**

A fresh and positive approach to help parents of teenage girls. Danni wrote *The Butterfly Effect* to inspire parents to create their own new realities for their daughters. Talking to multitudes of girls every year in Australia and New Zealand, Danni's message is authentic and passionate, and her book both celebrates and challenges the joy and beauty of teen girls in an age of raunch and consumer culture. *The Butterfly Effect* offers practical, intuitive and powerful strategies, and uses humor to disarm and open up new ways of looking at self-esteem, resilience, body image, friendship, consumerism, navigating the online world, overcoming girls' fear of failure and finding positive role models. Dannielle Miller is an experienced teacher and educator committed to empowering young people to reach their full potential. Her work has been featured in education journals and has made her a popular speaker at various national conferences and forums. Dannielle founded *Enlighten Education* in 2003. *Enlighten* is now a national network of passionate, talented women who believe that by entering our young girls' world and engaging them, they have the capacity to be a voice of difference and facilitate meaningful conversations around gender and identity. Dannielle delights in working with thousands of teenage girls across Australia, and with the media as a guest expert on teen issues. The connection Danni forges with teenage girls and her ability to get them to open up to her and think about themselves and the world around them gives her unique and invaluable insight into what makes teenage girls tick, and how we can help them navigate everything life throws in their way. Dannielle writes primarily for the mothers of teenage girls, encouraging them to realise that they are more like their daughters than they think and they can help their daughters by helping themselves, too.

## **Book Information**

File Size: 545 KB

Print Length: 306 pages

Publisher: RHA eBooks Adult (May 1, 2010)

Publication Date: May 1, 2010

Language: English

ASIN: B004T6E3HC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,131,141 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #112 in Books > Health, Fitness & Dieting > Teen Health #686 in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Parenting > Teenagers #1337 in Books > Parenting & Relationships > Parenting > Parenting Girls

## Customer Reviews

‘The Butterfly Effect’ is a captivating book, offering a positive approach to raising girls. The challenges and pressures faced by girls and their parents are explained and backed up with research as well as Miller’s own extensive experience. But far from adopting an ‘end of the world’ approach, Miller breaks down the different aspects of raising girls, and provides realistic solutions and advice. The book emphasises the impact of women as role models - particularly with regards to body image and diet. With the prevalence of eating disorders amongst our girls increasing at a disturbing rate, this is something that all women need to consider. How can your daughters/nieces/granddaughters learn to accept their bodies when the women in their lives are constantly dieting and are so critical of their own? So much media attention is directed towards the downfall of youth today and the pressures and dangers present in the lives of our children. As a parent, it is easy to become despondent. And that’s exactly why I love Miller’s new book, ‘The Butterfly Effect’. It brings me back to how we can all make a stand against the sexualised, commercialised, celebrity-focussed, fake barrage of images and noise thrust at our children. Miller’s approach to raising happy and empowered girls is based on forging deeper, more loving relationships - in Miller’s words: “When working with teenagers, it is important to engage them emotionally; if you can capture their hearts, their minds will follow.” I thoroughly enjoyed reading this book, a book that kept me up far too late at night because I didn’t want to put it down. If you have girls, this is a book you simply must read. Rachel Hansen [...]

[Download to continue reading...](#)

The Butterfly Effect: A New Approach to Raising Happy, Confident Teen Girls The A to Z Guide to Raising Happy, Confident Kids How to Love Yourself: How to Have More Self- Confidence & Start Living Your Life to Be Happy Again (How to Love Yourself, Feel Confident and Be Happy Book 2) MENTAL ILLNESS: Learn the Early Signs of Mental Illness in Teens (Teen mental illness, teen mental health, teen issues, peer issues, treatment) Social Anxiety: Overcome Shyness, Anxiety, Introvert, Low Self Esteem & How To be Confident ((BONUS Inside)Overcome Any Fear, Feel Confident, Strong, Overcome Shyness) Jo Frost’s Confident Toddler Care: The Ultimate Guide to

The Toddler Years (Jo Frost's Confident Care) PARENTING: Single Parenting For Moms: A Guide in Raising Your Family and Being a Successful Mom (Parenting, Single Parent, Single Mother, Parenting Boys, Parenting Girls, Raising kids, Healthy child) Raising Backyard Chickens: A Beginner's Guide: A Simple, Essential Guide to Raising a Happy, Healthy Flock of Backyard Chickens The Butterfly Effect Raising Girls with ADHD: Secrets for Parenting Healthy, Happy Daughters Trivia: The Rosie Effect: A Novel By Graeme Simsion (Trivia-On-Books) (The Rosie Project & The Rosie Effect Bundle Book 2) Raising Confident Kids: 10 Ways to Foster Self-esteem and Avoid Typical Parenting Mistakes (Kids Don't Come With a Manual series) Puppy's First Steps: The Whole-Dog Approach to Raising a Happy, Healthy, Well-Behaved Puppy Alcohol Information For Teens: Health Tips About Alcohol And Alcoholism, Including Facts About Underage Drinking, Preventing Teen Alcohol Use, Alcohol's ... On The Brain And The (Teen Health Series) MTV and Teen Pregnancy: Critical Essays on 16 and Pregnant and Teen Mom The Well-Armored Teen: Easy Tools Protect Your Teen and Tween From Sexual Abuse, Bullying, and Exploitation (The Well-Armored Child Library Book 1) Overcoming Teen Obesity: How To Reverse Teen And Childhood Obesity Today Girls on the Edge: Four Factors Driving the New Crisis for Girls Backyard Chickens: The Essential Backyard Chickens Guide for Beginners: Choosing the Right Breed, Raising Chickens, Feeding, Care, and Troubleshooting (Backyard Chickens, Raising Chickens) Stepparenting: Becoming A Stepparent: A Blended Family Guide to: Parenting, Raising Children, Family Relationships and Step Families - 2nd Edition (Raising ... Kids, Blended Families, Blended Family)

[Dmca](#)